

**PRESENT POSITIONS**

**Clinical Professor of Psychiatry, School of Medicine,  
University of California at San Diego, California**

**Qualified Medical Examiner, State of California  
Experienced AME & IME**

**Examiner, Medical Board of California**

**Examiner, American Board of Psychiatry and Neurology**

**Staff Psychiatrist, Scripps Mercy Hospital & Medical Center  
Sharp Mesa Vista Hospital, UCSD Medical Center  
San Diego, California**

**Executive Committee, Scripps/Mercy Hospital  
Medical Center, San Diego, California**

**Editorial Board, The Journal of Legal Medicine**

**Chairman, Physician Well Being Committee  
Scripps Mercy Hospital, 1995-Present**

**Planning Committee  
American College of Psychiatrists, 2005**

**County of San Diego Long Term Care Project  
Ad Hoc Committee**

**CERTIFICATIONS**

**Diplomate, American Board of Psychiatry and Neurology, in  
Psychiatry, 1977**

**Diplomate, American Board of Psychiatry and Neurology, in  
subspecialty of Geriatric Psychiatry, 1991**

**Diplomate, National Board of Medical Examiners, 1970**

**Licentiate, Medicine and Surgery, State of North Carolina,  
1969**

**Licentiate, Medicine and Surgery, State of California, 1972**

**MEMBERSHIPS**

**American College of Psychiatrists  
American Psychiatric Association, Distinguished Fellow  
San Diego Society of Psychiatric Physicians (APA Branch)  
Rotary Club International, Club 33  
American Association of Psychiatric Administrators  
American College of Legal Medicine**

**EDUCATION**

**B. A.; Rutgers University, Rutgers College, New Brunswick,  
New Jersey, 1961-1965**

**M.D.; The Bowman Gray School of Medicine  
Wake Forest University, North Carolina, 1965-1969**

**Clerkships :**

**Veteran's Administration Neuropsychiatric Hospital  
Lyons, New Jersey, Research Assistant, Summer 1966-1967**

**National Hospital for Nervous Disease,  
Queens Square, London, England, June -September 1968**

**Internships :**

**Albany Medical Center and Albany Medical College  
Albany, New York, June 1969-1970, Medicine**

**Residency:**

**University of California, San Diego, School of Medicine;  
Resident in Psychiatry (Second and Third Years), July 1973-  
June 1975**

**Albany Medical College, Department of Psychiatry  
Albany, New York; Resident in Psychiatry (First Year), July  
1970-June 1971**

**Awards and Scholarships:**

**Falk Fellow of American Psychiatry Association,  
Washington, D.C., 1972-1974**

**Wake Forest University School of Medicine  
Distinguished Research Award, 1969**

**Robert Wood Johnson Foundation Medical Scholarship, 1965-  
1969**

**Rutgers University Proctorship, 1963-1965**

**New Jersey State Scholarship, 1961-1965**

**Paul Harris Fellow, Rotary International**

**California State Legislative Certificate of Recognition  
June 7, 1991**

**California Special Recognition for Teaching, School of  
Medicine, Department of Psychiatry, June 15, 1996**

**Navajo Indian Health Care Award for Contributions to  
American Native Indian Health Care**

**Military Service:**

**Lieutenant Commander, Medical Corp., U.S. Naval Reserve;  
Staff Psychiatrist, U.S. Naval Hospital and Regional Medical  
Center, San Diego, California, July 1970-1973**

**Naval Hospital Inpatient Unit, Assistant Director, 1971-1973  
Prisoner of War Return Project, Psychiatric Consultant, 1973  
Psychophysiology Research Unit, Research Consultant, 1972-  
1973**

**PAST POSITIONS**

**USD School of Law – Visiting Expert  
Advanced Trial Advocacy Program, 1999-2003**

**APA Council on Law and Psychiatry, 1998-2003**

**APA Task Force on Brain Injury, 1998-2001**

**Joint Commission, San Diego County Medical Society  
San Diego County Bar Association, Chair 1999, Member 1995-  
2001**

**Consultant, National Training Labs Institute  
Alexandra, Virginia, 1991-2000**

**Chairman, San Diego Psychiatric Society Medical-Legal  
Committee, 1990-2000**

**Chair, San Diego County Medical Society,  
Physician Well Being, California Medical Association, 1996-  
1998**

**Medical Director, Department of Psychiatry  
Mercy Hospital and Medical Center, San Diego, California  
1989-1993**

**President, San Diego Society of Psychiatric Physicians (APA  
Branch) 1990-1991**

**Chair, California Psychiatric Association Annual Meeting  
Committee, 1989-1990; Member 1991, 1992, 1993 Committees**

**Chief, Department of Psychiatry and Medical Director  
Mercy Hospital and Medical Center, 1985-1994**

**UCSD Planning Committee, Recent Advances in Geriatric  
Medicine Seminar Series, 1985-1990**

**Medical Director, Alzheimer's and Related Disorders Unit,  
(Brain Injury Program) (80 Beds); Georgian Court  
Convalescent Hospital, San Diego, California, 1986-1988**

**Area VI (California) Representative, American Association of  
Geriatric Psychiatry 1989-1991**

**Publications Committee, American College of Psychiatrists,  
1995**

**San Diego Psychiatric Society, Geriatric Committee,  
(Chairman 1981, 1983, 1985)**

**Consultant, Adult Protective Services, Geriatric Program**

**San Diego County 1985-1998**

**American Psychiatric Association, PKSAP I, III, IV Task Force in Geriatrics, 1977-1985**

**Co-Director, Studies in Aging, Council on Biology of Human Affairs, Salk Institute (Dr. Bronowski), La Jolla, California 1974**

**PUBLICATIONS**

**Addario, D., Maynard, D., Witcofski, R.: Use of the Anger Camera and 1600 Channel Analyzer in the Diagnosis of Brain Lesions; Proceedings of Nuclear Medicine, 1969**

**Addario, D., Rodgers, T.: Some Techniques in the Initial Interview in Couples Therapy. Journal of Hospital and Community Psychiatry, 25: pp.799-800, 1974**

**Addario, D., Harry and Tonto: An Odyssey of Later Life. San Diego Psychiatry, Volume VI, No. 6, 12-14, 1974**

**Townsend, R., House, J., Addario, D.: A Comparison of biofeedback Medicated Relaxation and Group Therapy in Treatment of Chronic Anxiety, American Journal of Psychiatry, 132: pp.598-601, 1974**

**Addario, D., Oscherwitz, M., Ziedman, H.: Amphetamine Psychosis or paranoid Schizophrenia? Western Journal of Medicine, 122: pp.394-405, May 1975**

**Addario, D., Davenessau, M., Kresch, A.J., Lamberti, J., Livesey, C.G.: Viewpoints: Who Should Take the Sexual Lead, The Man or the Woman? Medical Aspects of Human Sexuality, Volume 10, No. 2 (February), pp. 30-34, 1976**

**Addario, D., Rodgers, T.: Initial Approaches to Couples Therapy, Inventory of Family and Marital Therapies, Volume III, 1976**

**The Italian American: Cultural Issues in Contemporary Psychiatry, monograph and tape; Smith, Kline and French Laboratories, Inc., publishers, 1978**

**Editor, Case Studies in Geriatric Psychiatry, Continuing Education Program; UCSD and Matrix Publishing, June 1983**

**Editor, Case Studies in Alcohol and Affective Disorder, Mark Schuckit, M.D., author; UCSD and Matrix Publishing, March 1984**

**Consultations in Depression: Perspectives on the Clinical Use of Desipramine; Chairman and Moderator with W.Z. Potter, M.D., Ph.D., Davis S. Janowsky, M.D., Robert H. Gerner, M.D., Psychosomatics, Cleggott Publishing, 1985 (monograph)**

**Addario, D.: Developmental Considerations in the Concept of Affective Illness, Journal of Clinical Psychiatry, Volume 46, No. 10 (Sec 2), pp. 46-53, October 1985**

**Addario, D., Janowsky, D., Miller, M., Zisook, S.: An Informal Discussion Based Upon Selections from the Current Literature, Merrell Dow Journal Club Psychiatry, Volume 1, No. 3, 1986**

**Addario, D., Haley, Janet L.: Grief and Loss, Chapter 18, pp. 434-444, Geriatric Emergencies, Edited by C.G. Warner and R. Judd, Aspen Publishers, Rockville, MD, 1986**

**Addario, D.: Assessing for Treatable Mental Health Conditions in Rehabilitation Setting (W127-2), cassette tape, InfoMedix, 1986**

**Addario, D.: Psychiatric Aspects of Alzheimer's Disease: Assessment of Management (T281-3) cassette tape, InfoMedix, 1987**

**Addario, D.: Life-Cycle Considerations in Depression, Depression Dialogue, Monograph, Publication of Merrell Dow Pharmaceuticals, Inc., Cincinnati, Ohio, 1987**

**Addario, D.: Schizophrenia in the Older Adult, Update on Schizophrenia, with O'Brien, C.P., and Hogarty, G.E., Psychiatric Audio Cassette Library, Smith, Kline, and French Laboratories, 1989**

**Addario, D.: Treating Mental Health Conditions in the Rehabilitative Setting, Chapter 16, pp. 265-278, Geriatric Rehabilitation, edited by Kemp, B., Brummell-Smith, K., and Ramsdell, J., College-Hill Press, Boston, MA, 1990**

**Addario, D.: Insomnia in the Primary Care Setting: Diagnosis and Treatment, tape #90-A125-06, Annenberg Center for Health Sciences, Educational Series, 1990**

**Addario, D.: Pseudodementia and Dementia: Diagnosis Between Depression, Anxiety, and Dementia, tape #99-A125-07, Annenberg Center for Health Sciences, Educational Series, 1990**

**Addario, D., et al, Rumors of War, San Diego Union, Contribution to Editorial, January 22, 1991**

**Addario, D.: Audio Digest Internal Medicine, Volume 38, No. 23, December 4, 1991, Geriatric Psychiatry**

**Traumatic Event Sequelae, Inventory Test-2  
National Health Systems, Inc., 1995**

## **BOOKS**

**Janowsky, D., Addario, D., Schuckit, M.: Case Studies in Psychopharmacology, Medical Examiners Publishing Co., Inc., an Excerpta Medical Co., New York, 1978**

**Janowsky, D., Addario, D., Risch, S.C.: Psychopharmacology Case Studies, (Second Edition), The Guilford Press, New York, London, 1987**

## **SYMPOSIUM SUMMARY**

**Chairman and Moderator, Three Stages of Depression: Developmental Considerations, American Psychiatric Association Annual Meeting, Merrell Dow Pharmaceutical Symposiums, Dallas, Texas, May 21, 1985**

**Recent Advances in Geriatric Medicine: Transition in the System of Long Term Care, UCSD, School of Medicine, U.S. Grant Hotel, Planning Committee and Presenter, San Diego, California, January 27-29, 1986**

**Recent Advances in Geriatric Medicine: The State of the Art in Nutrition and Drug Therapy, UCSD School of Medicine, Holiday Inn, San Diego, California, January 26-28, 1987**

**Anxiety, Evaluation and Treatment in Mid and Later Life, Grand Rounds, Mesa Vista Hospital, San Diego, California, February 1987**

**Anxiety and Depression in the Geriatric Patient, Symposium of Recognition and Management of Anxiety, Depression, and Insomnia in the Nursing Home Patient, Quality Care Health Foundation and The UpJohn Company, Burbank, San Diego, San Bernardino, California, April 20, 1987**

**Beyond Depression, Developments in the Diagnosis and Treatment of Psychiatric Disorders, "Depression Theatre-Real Life Simulation of the Depressed Adolescent and the Family Physician" sponsored by Los Angeles Chapter of California Academy of Family Physicians, Los Angeles, California, May 6, 1989**

**Schizophrenia in the Older Adult, Presented at the 142<sup>nd</sup> Meeting of the American Psychiatric Association Symposium, Update on Schizophrenia, sponsored by Smith, Kline, and French Laboratories, San Francisco, California, May 7-11, 1989**

**Third Annual Meeting and Symposium, American Association for Geriatric Psychiatry. Workshop #3: Psychiatric Care in the Nursing Home, San Diego, California, February 17-19, 1990**

**Strategies for Treating the Five Major Causes of Death and Disability in the 1990s, Organic Factors and Systemic Medical Problems in Mood Disorder, sponsored by UCSD, School of Medicine, San Diego, California, February 18-21, 1990**

**Gero-psychiatry Update: Mood Dementia and Family Issues, sponsored by Burroughs Wellcome Company, Grand Rounds, Charter Hospital of San Diego, California, May 7, 1990**

**New Modalities in Antidepressant Medications, sponsored by Burroughs Wellcome Co., Grand Rounds, Charter Psychiatric Hospital of Long Beach, Long Beach, California, June 7, 1990**

**New Modalities in Antidepressant Medications, sponsored by Burroughs Wellcome Co., at Orange County Psychiatric Society Monthly Meeting, Orange, California, July 5, 1990**

**Desert Medical Series, “Crises in Family Medicine: Dealing with the Dilemmas of Aging,” at Annenberg Center for Health Sciences, Rancho Mirage, California, November 10-11, 1990**

**Desert Medical Series, “Insomnia in the Primary Care Setting: Diagnosis and Treatment,” Annenberg Center for Health Sciences, Rancho Mirage, California, November 10-11, 1990**

**Desert Medical Series, “Pseudodementia and Dementia: Differential Diagnosis Between Depression, Anxiety, and Dementia,” at Annenberg Center for Health Sciences, Rancho Mirage, California, November 10-11, 1990**

**Grand Rounds, Mercy Hospital, “Ebenezer Scrooge and Developmental Issues in Later Life,” As seen through the Christmas myth, December 10, 1991**

**VA UCSD Medical Center, Geriopsychiatry Grand Rounds, “Anxiety and Panic Disorders in the Elderly,” June 10, 1992**

**Grand Rounds, San Diego Psychiatric Hospital, “Issues in the Treatment of Complex Depressions and Co-Morbidity Disorders,” August 14, 1992**

**Medical Grand Rounds, Mercy Hospital, “Treatment Resistant Depression and Medical Illness: Treatment and Diagnostic Complexities,” September 16, 1992**

**Academy of Psychosomatic Medicine: Panel, “The Role of the Psychiatrists in Euthanasia,” with Drs. Zisook, Huyse, Breitbart, and Humphry, October 29, 1992**

**Sharp Memorial Hospital Program: Geriatrics Update, 1992, at Loews Coronado Resort, “Co-Morbidity of Anxiety and Related Disorders.” Also, Choice of Psychotropics in the Elderly, November 18, 1992**

**Sharp Memorial Hospital/Continuing Medical Education, “Therapeutic Strategies and Diagnosis of Depressive Disorders in Adults,” March 19, 1993**

**Clark County Mental Health Hospital, Las Vegas, Nevada, “Approaches to Treatment Resistant Depression,” January 7, 1993**

**Southern Nevada Association of Psychiatrists, Las Vegas, Nevada, "Posttraumatic Stress Disorder and Associated Mood Disorder-Treatment and Diagnosis," January 7, 1993**

**Sharp Memorial Hospital, San Diego, California, Medical Education Meeting, "Treatment of Drug Abuse and Its Complications," March 25, 1993**

**San Diego Academy of Family Physicians, Post Graduate Symposium, "Delirium, Dementia, and Depression," July 3, 1993**

**UCSD, Advances in Emergency Medicine, "Psychiatric Emergency Interventions," October 15, 1993**

**Missouri Baptist Hospital Symposium, St. Louis, Missouri. "Depression and Anxiety Practical Approach to Differential Diagnosis and Treatment," September 18, 1993**

**Tulane University Medical Center, New Orleans, Louisiana, Grand Rounds, "Depression and Psychosomatic Conditions," December 9, 1993**

**University of Wisconsin, Prime M.D. Program, "Pharmacal Therapy for Depression," October 20, 1993**

**California Psychiatric Association Meeting, "Psychiatrist's Role in Pain Management," October 8, 1994**

**University of California, San Diego, Physician Heal Thyself Conference, "Substance Abuse and Medical Professional's Intervention and Treatment," February 14, 1994**

**St. Joseph's Behavioral Health Center, Stockton, California, "Depression and Posttraumatic Stress Disorder Issues and Treatment."**

**Inland Psychiatric Association, Grand Rounds, "The Psychiatrist's Role in Assessment of Pain Management and Disability."**

**San Diego Trial Lawyers Association, "Psychiatric Considerations in Selecting, Evaluating, and Controlling**

**Psychiatric Problems in a Personal Injury Client,” July 29, 1995**

**Los Encinos Hospital, Pasadena, California, “Depression in the Elderly and Medically Ill,” June 10, 1995**

**Riverside Community Hospital, Grand Rounds, “Treatment of Depression in the Medically Ill,” May 2, 1995**

**Laguna Honda Hospital, San Francisco, California, “Treatment and Assessment of Complex Geriatric Depression in Treatment of Brain Injured Patients.”**

**USC Medical Center, Grand Rounds, “New Issues in Geropsychiatric Disorders,” February 27, 1995**

**Mercy Hospital, Grand Rounds, “Update on Neuropsychiatric Disorders and Brain Injury,” March 10, 1995**

**Kaiser Permanent Psychosocial Department, Santa Ana, California, “Overview of Complex Issues in Treatment of Depression and Traumatic Stress Disorders,” Disability and Neuropsychiatric Disorders and Traumatic Stress Disorders, Disability and Neuropsychiatric Disorders,” December 14, 1995**

**Alzheimer Community Care Consortium Presentation, “Bioethical Issues in Clinical Practice,” October 18, 1995**

**Naval Hospital, Camp Pendleton, “Posttraumatic Stress Disorders, Treatment, and Diagnosis,” February 7, 1996**

**Sepulveda VA Medical Center, UCLA, Grand Rounds, “Complex Issues and Treatment of Depression,” January 10, 1996**

**Cedars Sinai Hospital, “Approaches to Issues in Treatment Resistant Depression,” January 11, 1996**

**West Coast Geriatric Psychiatry Conference, “Pain and Depression and Medically Ill Geriatric Patients, Assessment and Management,” October 1, 1995**

**Scripps Clinic and Research Foundation, Primary Care Medicine Conference, "Antidepressants in the Elderly-What's Safe, What's Not," August 20, 1995**

**St. David's Medical Center, Austin, Texas, "Approach and Diagnosis of Depression and Anxiety Disorders," September 20, 1995**

**San Diego Naval Center, Department of Psychiatry, Grand Rounds, "Treatment of Depression in Brain Injury Patients," September 15, 1995**

**Kaiser Permanente, San Diego, California, Psychiatric Department Symposium, "Assessment and Treatment of Depression in Various Populations," November 21, 1995**

**Riverside Medical Society, "Long Term Treatment of Depression," December 6, 1996**

**San Francisco Psychiatric Society, "Complex Issues and Assessment of Depression and Dementia in the Geriatric Population," June 11, 1996**

**San Diego Academy of Family Physicians, Symposium on Family Medicine, Update 1996, "Anxiety and Depression Case Studies," Seminar Program, June 28, 1996**

**Newberg Hospital, Newberg, Oregon, Grand Rounds, "Treatment of Depression and Anxiety," May 23, 1996**

**CPMC, San Francisco, California, "Assessment and Treatment of Complex Issues in Depression," June 12, 1996**

**White Memorial Hospital, Grand Rounds, Los Angeles, California, "Complicated Case Studies in Depression and Anxiety," June 26, 1996**

**Maui Psychiatric Society, "Overview of Neuropsychiatric and Geriatric Depression," June 18, 1996**

**Honolulu Psychiatric Society, "Treatment and Assessment of Depression in Inpatient and Outpatient Groups," June 26, 1996**

**Cedars Sinai, Grand Rounds, "Update in Alzheimer's and Diagnosis and Treatment of Dementia," December 7, 1996**

**Southwest Obstetrics and Gynecological Society Annual Meeting, "Assessment of Depression in Obstetric and Gynecology Group, including special issues such as Post-Partum Depression and Post-Menopausal Depression," September 1996**

**St. Francis Medical Center Grand Rounds, Honolulu, Hawaii, "Discussion of Issues in Geriatric Depression," July 2, 1996**

**UCLA, Grand Rounds Dinner Meeting, "Update and New Issues in the Treatment of Geriatric Depression in Brain Injury Patients," July 31, 1996**

**San Diego Defense Lawyers Educational Seminar, "Drug And Alcohol Abuse Intervention, Strategies and Diagnosis for Professionals," July 1996**

**Scripps Clinic and Research Foundation, Medical Update Program, "Practical Considerations in Depression of the Elderly," August 25, 1996**

**UCSD Physician Assistant Training Program, Grand Rounds, "Assessment and Treatment of Depression," March 12, 1997**

**California Academy of Attorneys for Health Care Professionals, "Physician/Patient Boundary Violations" Carmel, California, July 26, 1998**

**California Academy of Attorneys for Health Care Professionals, "Standard of Care in Psychotherapy" July 30, 2000**

**San Diego County Bar Medical Professional Liaison Committee; Will and Testimony Capacity Issues in Forensic Geriatric Society, December 2000**

**Implications for the Primary Care Physician Treating Symptoms of Bipolar Mania and Schizophrenia Scripps Hospital, February 9, 2001**

**Medical and Behavioral Management of Persons with  
Neuropsychiatric Impairment  
Southern California Permanente Medical Group  
Orange, California, July 12, 2001**

**Caregiver Stress and Alzheimer's Disease  
The Alzheimer Community Care Consortium  
September 25, 2002**

**Psychiatric Aspects of Pain Management  
Fifth Annual Pain Medicine Exposition, April 26, 2003  
Presented 2000, 2001, 2002, 2003**

**American Brain Injury Foundation  
Psychiatric Aspects of Brain Injury  
Carlsbad, California, August 2003**

**San Diego Defense Lawyers  
"Forensic Psychiatry Guidelines for Use and Assessment of  
Psychiatric Testimony"  
September 25, 2003**

**Inner Circle of Advocates Legal Group  
"Stress Impacting Attorneys in Courtroom Litigation"  
Laguna Beach, California, October 2004**